

Module Outline	Part 1- as validated
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1.	Title	Loss and Bereavement
2.	Level *	6
3.	Credits	20
4.	Indicative Student Study Hours	Class contact hours: 36 Self-Directed Study Hours: 164 Total study hours: 200
5.	Compulsory (must be taken) OR Optional	Compulsory
6.	Core (must be passed and cannot be compensated) or Non-core	Non - Core

*** Foundation Level=3 Degree Year 1 = 4 Degree Year 2 = 5 Degree Year 3 = 6**

PG (Masters) = 7

7. Brief Description of Module (purpose, principal aims and objectives)

The module will introduce a range of approaches to therapeutic work with clients experiencing loss and bereavement. Loss will be considered in its broadest sense and related to transitions in the life course, as well as more specifically to death and bereavement.

Models of loss in relation to its impact on personality and identity will be considered with reference, for example, to the work of Freud, Bowlby, Kubler-Ross and Stroebe and Schutt. Specific therapeutic approaches to working with loss and bereavement will also be considered, including those outlined by Worden and Murray-Parkes, and by the Hospice movement. The module will focus on the complexities and dilemmas of working with grief and loss, including some consideration of trauma, together with the particular sensitivities required in therapeutic work with these issues.

Case study material will be used for exploration and analysis, together with sensitive and reflective inclusion of students' own personal responses to loss and bereavement. The impact of all aspects of diversity on experiences of loss and bereavement will be highlighted throughout. The decolonisation of grief theories will be explored in relation to marginalisation and toward inclusivity.

Students will keep a weekly formative journal in which to record their personal reflections and learning.

8. Learning Outcomes - On successful completion of this module a student will be able to: (Add more lines if required)	
1.	Critically discuss models of loss and bereavement and the complexities of these in the context of therapeutic practice.
2.	Critically reflect on own personal responses to loss and bereavement and their impact on own counselling and psychotherapy practice.
3.	Critically discuss responses to loss and bereavement in relation to equality and diversity.
4.	Evaluate diverse case material with reference to a range of theories.

9. Assessment						
Pass on aggregate or Pass all components				Pass on aggregate		
Summary of Summative Assessment Plan						
If there is an option to select between different types of assessments (for example, presentation or essay), please ensure this is clearly outlined in the table below and further details of assessment section.						
	Type	% Weighting	Anonymous Yes / No	Word Count/ Exam Length	Learning Outcomes Coverage	Comments
1.	Reflective Essay	100%	Yes	3500	1,2,3 & 4	Students will write a Reflective Essay to address the learning outcomes, drawing on material explored in their formative journal. They will specifically address the way(s) in which learning on the module could influence their own clinical practice, theoretically* or in relation to real clients.
2.						
Further Details of Assessment Proposals						
Give brief explanation of each assessment activity listed						

Students will draw their own journal material to critically reflect and apply theory to their own experiences. Students will critically theories of loss through the lens of case study material.

Summary of Formative Assessment Plan

Weekly Journal entries: Students write short reflective pieces on their understanding of loss and bereavement theory, relating them to personal experiences. Reflection on personal bias, cultural assumptions, and how these might impact counselling practice, will be encouraged for inclusion.

Case study material: Students will analyse and evaluate a range of case study material that's supports their ability to apply grief theory to a range of client experience, in the context of culture and diversity.

Reflective Essay workshop: This will be offered halfway through the module and revisited towards the end of the module to ensure students are making effective use of their journalling and how this is impacting their developing knowledge.

10. Summary of Pre and / or Co Requisite Requirements

Pass Level 5 – year 2 of counselling training

11. For use on following programmes

BA Counselling and Psychotherapy