

Module Outline	Part 1- as validated
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1.	Title	Developing Counselling Practice
2.	Level *	4
3.	Credits	20
4.	Indicative Student Study Hours	Class contact hours: 36 Self-Directed Study Hours: 164 Total study hours: 200
5.	Compulsory (must be taken) OR Optional	Compulsory
6.	Core (must be passed and cannot be compensated) or Non-core	Core

*** Foundation Level=3 Degree Year 1 = 4 Degree Year 2 = 5 Degree Year 3 = 6**

PG (Masters) = 7

7. Brief Description of Module (purpose, principal aims and objectives)
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This module will equip students with a further developed understanding and experience of the person-centred approach to therapeutic counselling, supporting them to begin professional practice with clients in Year 2.

Students will consolidate their understanding of person-centred counselling as a form of helping. This module will also provide opportunities for students to further develop their awareness of self and others through interaction and feedback process, in preparation for professional supervision in year 2.

Students will consolidate understanding of the psychological ideas underpinning the person-centred approach, including consideration of equality and diversity to promote inclusive counselling practice. With guidance and support from tutors and from peer groups, learners will have further opportunities to examine self in new ways and, consequently, evaluate their own and others' development.

Students will be introduced to case management and professional practice procedures in line with Colchester Institute Counselling Service (CICS) policies and procedures, the British Association of Counselling and Psychotherapy Ethical Framework for the Counselling Professions, and relevant legislation.

Within this module students will also work towards on-line and telephone counselling competencies in line with BACP competency guidance. Teaching and learning will be supported through on-line sessions, where information on EDI related technology will be explored.

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8. Learning Outcomes - On successful completion of this module a student will be able to:

(Add more lines if required)

1.	Demonstrate competent, ethical Person-Centred practice in a 30-minute audio-recorded skill practice session with a peer.
2.	Analyse the principal ethical, environmental, and contractual features of counselling using a person-centred approach, with reference to own 30-minute audio-recorded session with a peer.
3.	Evaluate own suitability to practice as an ethical person-centred counsellor through analysis of person-centred skills and ongoing self-reflection processes
4.	Demonstrate capacity for summative self-evaluation, identifying an awareness of strengths and challenges that may impact future client work.

9. Assessment

Pass on aggregate or Pass all components

Pass all components

Summary of Summative Assessment Plan

If there is an option to select between different types of assessments (for example, presentation or essay), please ensure this is clearly outlined in the table below and further details of assessment section.

	Type	% Weighting	Anonymous Yes / No	Word Count/ Exam Length	Learning Outcomes Coverage	Comments
1.	30-minute audio-recorded session with a peer. Students will choose an audio-recorded session from those conducted with peers throughout the semester to submit as evidence of their competent person-centred counselling	20%	No	N/A (equiv 500 words)	1	Students will choose an audio-recorded session from those conducted with peers throughout the semester to submit as evidence of their competent person-centred counselling practice.

	practice (equivalent to 500 words)					
2.	Transcription analysis.	80%	No	2000	2 & 4	A moment-by-moment analysis of the submitted audio session with a peer, including personal statement of readiness for practice.
3.	Record of practice sessions.	Pass/Fail	No	N/A	3	Students will keep evaluation records of weekly 30- minute practice sessions. Minimum of 2 tutor observed, 30-minute practice sessions with peers (1 in-person and 1 online).

Further Details of Assessment Proposals

Give brief explanation of each assessment activity listed

Students will choose one recorded session that best showcases their skills in person-centred counselling including empathy, active listening, and the core therapeutic conditions (such as unconditional positive regard and congruence). The selected recording should illustrate the student’s competence in applying person-centred approaches and effectively responding to client needs. Tutor feedback will include a rubric based on the audio recording to meet learning outcome 1.

To accompany the audio recording, students will transcribe 20 minutes of the recorded 30-minute session, analysing client and counsellor responses in relation to skills and application of theory including awareness of ethical practice. This will include an introduction reviewing their experiencing of the contracting process. and will conclude with a reflective personal statement, which will focus on their readiness for professional practice in year 2.

Students will keep a record of weekly triad/tetrad sessions with peers of a minimum of 10 weekly practice sessions, of which a minimum of 2 must be observed and signed by a tutor: one in-person and online.

Summary of Formative Assessment Plan

Weekly feedback sheets continue to support students to build a repertoire of person-centred skills and responses, including metaphor and the use of clean language. Feedback sheets will be further developed to adhere to basic competencies for online working with diverse clients.

Tutors will continue to guide students in offering feedback that is constructive and in relation to client phenomenology.

Tutors will provide experiential demonstration of skills, so students are able to offer in the moment responses and reflections when acquiring new person-centred skills in action. Tutors will be able to offer ‘live’ examples and offer feedback that supports students to receive formative feedback in alternative ways.

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10. Summary of Pre and / or Co Requisite Requirements
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11. For use on following programmes
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BA Counselling and Psychotherapy HE Diploma Person-Centred Counselling
