

LEVEL 3
(COLCHESTER ONLY)

BODY TREATMENTS

Back Treatment* 45 mins £13.50

The back is cleansed and exfoliated, then treated with hot towels and a specialist machine to leave your skin radiant and refined. Includes a back massage.

Slim and Firm* up to 50 mins £12.50

This treatment helps to breakdown cellulite whilst tightening and improving muscle tone. The current from the machine, along with active ingredients penetrate deep into the tissue giving an instant result. On booking please request front or back of body.

Detox and Tone* 45 mins £12.50

This relaxing treatment uses a specialist machine to assist with removing toxins whilst breaking down fatty deposits. Includes a brief manual massage.

*Metal piercings MUST be removed for these treatments

To achieve optimum results Slim and Firm/Detox and Tone treatments require the client to be observed in their underwear for a detailed body analysis to be undertaken. (Not applicable to male clients).

TANNING

Tanning treatments require a skin test to be carried out 48hrs prior to EVERY treatment. Please attend wearing dark, loose clothing and do not apply any deodorant, perfumes or lotions. Please ensure any hair removal procedures are undertaken at least 24hrs prior to your visit. Tanning is only available at limited times throughout the year.

Spray Tanning 30 mins £10

Our ultra-fast spray tan is a quick and effective way to achieve a natural sun kissed glow. You are advised to exfoliate prior to this treatment at home using a non-oily product.

Deluxe Manual Tanning 45 mins £11

An indulgent treatment to achieve a natural looking tan. Incorporating a full body polish and unique moisturising cream formulation applied with relaxing massage movements.



PAMPER PACKAGES

Relax and unwind with our Hair, Beauty and Restaurant pamper packages.

Please ask at Reception for more details.
Colchester only.

AVAILABILITY

Please note the availability of salon times and treatments/services are subject to change due to training and exam schedules.

GIFT VOUCHERS

Gift vouchers are available to purchase from Reception.

Join our mailing list and keep up to date with all the news and offers from Ci Salons

To subscribe, please visit
www.colchester.ac.uk/salons.

Like us on Facebook
and follow us on Instagram
where we share our news and promotions!

HOW TO FIND US

Colchester Institute
Sheepen Road, Colchester, CO3 3LL
The College at Braintree
Church Lane, Braintree, Essex, CM7 5SN

Booking Information

- Any cancellations made within 24 hours may incur a charge.
- Due to health and safety regulations we do not allow children under the age of 16 years in the salon.
- In order to continuously improve our services and customer care we welcome any feedback, please collect a customer comment card from Reception or contact us via email.
- Please note that Reception may be closed due to training sessions, please leave a message and we will get back to you.
- We accept card and contactless payments in the Salon. Cash tips may be given at your discretion.
- Salons are open to the public Monday to Friday during term time.
- Please be aware that this is a training establishment. All students are learning and service times may vary from those in general salons.
- If you have a medical condition we may require a doctor's note prior to treatment. Certain medical conditions may prevent or restrict a treatment/service from being carried out. Please inform reception of any special requirements you may have.
- Please note that your treatment/service may be carried out by either a male or female student.
- Car parking varies depending on the campus, Please ask at Reception for details. Visitor parking is limited; please arrive in plenty of time to secure a place. Parking is free and permitted in the visitor car park for the duration of your visit to the salons. Please note that to ensure campus safety you may be politely challenged at the security barrier.
- Deposits may be taken for future appointments if treatments are repeatedly unattended or cancelled last minute.
- Please note prices from will increase depending on the amount of products used based on hair length and thickness.

Revised December 2023

Colchester: Hair & Beauty – (01206) 712888
Braintree: Beauty – (01206) 814290
Email: hairandbeauty.reception@colchester.ac.uk

Opening times vary depending on site – see website for details
www.colchester.ac.uk/salons



HAIR & BEAUTY THERAPIES



HAIRDRESSING COLCHESTER ONLY

LEVEL 2

These students are working towards their Level 2 in Hairdressing. They have had thorough training on all hairdressing services before working on the public.

STYLING SERVICES

Wash and Blow-Dry / Set	£6.50
Hair Up	£8

CUTTING SERVICES

Cut and Blow-Dry	£10
Cut, Shampoo and Set	£10
Gents Cut and Finish	£6.50

PERMING SERVICES

If your hair is straight, lacks volume or is lifeless, book in for a permanent wave or a root perm to give you the volume that you desire. Through a thorough consultation you and your stylist will decide on the type of curl/movement or volume you want to achieve.

Permanent Wave	from £18.50
Root Perm	from £12

COLOURING SERVICES

A skin test must be carried out 48hrs prior to EVERY colouring service.

Semi-Permanent Colour (not including finish)	from £6.50
Quasi / Demi-Permanent Colour	from £17.50
Full Head Permanent	from £25
Re-Growth Permanent	from £20
Re-Growth and Colour Refresher	from £25
Cap Highlights / Lowlights	from £16
T-Section Foil Highlights / Lowlights	from £20
Half Head Foil Highlights / Lowlights	from £25
Full Head Foil Highlights / Lowlights	from £30
Toner	£12

TREATMENT SERVICES

Luxury Penetrating Conditioning Treatment	£10
This luxurious hair conditioning treatment includes a relaxing head and scalp massage, and a wash and blow-dry.	
K18 Treatment	£25
The world's first patented biotech treatment that renews chemically damaged hair from the inside out.	

ADD ONS

Cut	L2 £5 / L3 £8
Luxury Penetrating Conditioning Treatment	£5

LEVEL 3

These students are working towards their Level 3 in Hairdressing, having already completed Level 2. They are improving and advancing their skills.

CUTTING SERVICES

Cut and Blow-Dry	£15
Restyle and Finish	£20

PERMING SERVICES

Permanent Wave	from £22
Spiral Perm	Price at consultation

COLOURING SERVICES

A skin test must be carried out 48hrs prior to EVERY colouring service.

Half Head Highlights / Lowlights	from £30
Full Head Foil Highlights / Lowlights	from £35
Full Head Colour (permanent)	from £35
Full Head Bleaching and Toning	from £35 price at consultation
Colour Correction	from £35 price at consultation
Quasi / Demi-Permanent Colour Balancing	from £20
Balayage	from £40
Toner	£15



BEAUTY THERAPY

LEVEL 2

HANDS AND FEET

Luxury Manicure or Pedicure*	50 mins	£11
Specialist products will be used to indulge your nails, hands or feet. Nails will be filed, soaked and cuticle work will be carried out. Incorporating an exfoliation, relaxing massage, and choice of hydrating mask or heated paraffin wax treatment for the ultimate indulgence. The treatment will be completed with a colour of your choice.		

Footlogix* (available at Colchester only)	50 mins	£15
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Experience our fantastic Prescription Pedicure for rough, cracked and hard skin. Footlogix is the world's first and only Pedicuteal® foot care line and achieves transformational results! The treatment will be completed with a colour of your choice.

*We recommend you bring open toe shoes to wear after a pedicure to avoid smudging. Please ensure gel polish is removed prior to manicure and pedicure appointments.

FACIAL TREATMENTS

Level 2 Facial	50 mins	£17
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Unwind and revitalise your skin with a Facial treatment. Your skin will be cleansed and a skin analysis will be carried out followed by exfoliation, skin warming, relaxing face and neck massage, mask and moisturiser.

WAXING

Half Leg (knee to toe)	£9	Full Leg	£11
Bikini	£6	Eyebrows	£5.50
Under Arm	£6	Facial (per area)	£5.50

MAKE-UP

Make-Up	up to 45 mins	£5.50
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Have your make-up applied with tips and advice on colours and application.

EYE TREATMENTS

A relevant skin test must be carried out 48hrs prior to EVERY tinting and false lash service.

Eyebrow Shape	£3	Eyelash Tint	£5.50
Eyebrow Tint	£3.50	Eye Package	£10
(Eyebrow shape, eyelash tint, eyebrow tint)			

Party Strip Lashes	£5.50
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These artificial lashes are designed to be worn for a short period, either for a day or an evening. They are attached to the skin and can be cleaned and re-used.

Cluster Lashes	£6
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These temporary lashes can be used to increase the length and/or thickness of your natural lashes for a short period of time. Your therapist will give you tips and advice on maintenance.

LEVEL 3 (COLCHESTER ONLY)

MASSAGE

Full Body Massage*	50 mins	£18
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A luxurious Swedish massage treatment to ease day-to-day stresses, muscular tension, and promote relaxation.

Aromatherapy	50 mins	£20
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This truly relaxing, gentle holistic massage uses light pressure movements to provide a deeply nurturing treatment. Pre-blended massage oil will be chosen to suit individual needs, boosting wellbeing and relieving stress and tension.

Hot Stone Massage	50 mins	£20
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A deeply soothing and relaxing massage, using Heated Basalt Lava Stones and incorporating Swedish massage movements to warm your muscles and provide a much deeper massage.

Indian Head Massage	45 mins	£13.50
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Indian Head Massage is a therapeutic seated massage of the shoulders, neck, scalp and face, with or without the use of oils. This massage is excellent for relieving stress and also promotes relaxation.

*please see back treatment under body treatments for back massage

FACIAL TREATMENTS

Level 3 Prescription Facial*	50 mins	£22.50
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Enjoy a relaxing specialist facial that will leave your skin glowing and radiant. Your skin will be deep cleansed and massaged. This facial is tailored to your individual skin conditions with the use of the specialist facial machines and products.

*Metal piercings MUST be removed for some of these treatments

Microdermabrasion Facial	45 mins	£22.50
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This non-invasive resurfacing and deep exfoliation facial treatment helps to improve and reduce fine lines, wrinkles, scarring, pigmentation, uneven skin tones and dull, lifeless, sun damaged skin. Microdermabrasion leaves a glowing, smooth, even and bright complexion. Microdermabrasion is not suitable for hypersensitive skins or for clients who are using steroids or acne medications.

