

Health and Social Care

Health and social care has many different job roles and provisions within it and this is what makes it so interesting and all the staff passionate about.

We are very proud of our students, not just in the classroom; but through their behaviour on campus, the role they play in the local communities through work experience and also as aspiring professionals in this key worker sector.



Click image below to open video in YouTube



Better Careers Begin Here

Health and Social Care – Where will you learn?

Health and Social Care learners benefit from new purpose built facilities on the 4th floor of S block – *the Colchester Institute Centre for Health and Social Care Professions*.

The centre includes skills laboratories that will develop practical skills relevant to Health and Social Care, with full video recording and playback facilities.

An interactive immersive room allows learners to experience the sights and sounds of the dynamic health and social care environment.

Collaboration rooms allow learners to develop their group work skills and develop their ideas using modern Information and Learning Technology.

An Open Study area allows learners to make progress on their coursework, and conduct revision for their examinations collaboratively.

What will you be learning?

We offer three levels of Health and Social Care programme:

Pearson BTEC Level 1 Introductory Certificate in Health and Social Care

Pearson BTEC Level 1/Level 2 Extended Certificate in Health and Social Care

Pearson BTEC Level 3 National Extended Diploma in Health and Social Care

General entry requirements – The 6 CI's



A professional philosophy

The Health and Social Care team follow the NHS 6 C's philosophy, we call it the 6 CI's and it is a behaviour code used to prepare you for professional life.

Care **Courage** **Commitment**
Compassion **Competence** **Communication**

These behaviours are monitored by the team and work placement supervisors and awards given every half term for learners who display them.

General entry requirements

Disclosure and Barring Service (DBS)

All learners within Health and Social Care must complete the Enhanced DBS check before the first half term of the programme, and it must not show anything that could stop you gaining employment with the Health and Social Care sector.

The college will support you in applying for the DBS check, but it is essential you have all the required identification evidence needed, any issues with your DBS check must be communicated to the college quickly.

Identification documents accepted include your birth certificate, passport, bank statement and proof of address.

An Enhanced DBS check currently costs around £45.

We will send you more information on how to apply for your DBS certificate over the summer.

Work Placement – A highlight of the programmes

Work Placement is an essential aspect of all our courses, and is crucial to develop employability skills.

Learners are asked what type of setting they want to attend and where possible this is accommodated, however all learners will be expected to spend some time in residential care, as the course team see this sector as developing essential skills.

The college has placements in over 100 health and social care settings from special schools, to residential care, from homeless support shelters, to supported living and regularly place learners at Colchester Hospital.

Learners will be expected to contact their placements within two working days of receiving their details with a professional phone call to confirm first day arrangements.

Learners will keep a reflective diary and hours completed signing sheet which is checked every week of the placement by a member of the course team.

The highest levels of professional behaviour are expected whilst on placement.

Work Placement – What our learners say

'I have found that combining academic and placement work so beneficial as it has allowed me to put theory into practice. Also, it has taught me vital, transferable skills that will be beneficial in my future chosen career as an adult nurse'

'Being able to go onto placement through our course has been one of the main contributors to my enjoyment of the course. Placement has enabled me to put theory into practice and I have been able to attend many different settings for placement, that all helps me inform my future career choice and helps give me more of a first-hand understanding of what my future career choice entails which I am very fortunate to be able to have.'

Work placement comments from Health and Social Care learners

Pearson BTEC Level 1 Introductory Certificate in Health and Social Care

This is a full time, one year programme for learners with a minimum of **two GCSE's at Grade 2** or above including English Language.

The programme consists of 5 units, including Being Organised and Developing a Personal Progression Plan.

Learners will develop their confidence and communication skills with a variety of practical activities, alongside taught sessions.

Assessment is by coursework, there are no examinations on the Level 1 programme.

Learners will complete **60 hours of work placement** to successfully pass the course.

Progression can be to employment or the Level 1/2 Extended Certificate in Health and Social Care

Pearson BTEC Level 1 / Level 2 First Extended Certificate in Health and Social Care

This is a full time, one year programme for learners with a minimum of **four GCSE's at Grade 3** or above including English Language.

The programme consists of ten units, including Health and Social Care Values, Effective Communication in Health and Social Care, Human Body Systems and Care of Disorders and the Impact of Nutrition on Health and Wellbeing.

Assessment is mostly by coursework and two 60 minute examinations on Human Lifespan Development and Healthy Living, which must be passed to complete the programme. Learners can have up to two attempts to pass the examinations.

Learners will complete **180 hours of work placement** in two different settings, including a supervisor report on their performance.

Progression can be to employment or the Level 3 Health and Social Care programme.

Pearson BTEC Level 3 National Extended Diploma in Health and Social Care

This is a full time, two year programme equivalent to three GCE 'A' Levels, and is suitable for progression to University. Learners will have **5 GCSE's at Grade 4** or above including English Language and Maths (Science is also preferred).

Learners will be assessed by coursework, work placement performance via observation, presentations and examinations.

There are four examinations, two in each year in January, with a resit opportunity in May/June.

Learners must pass all units in year one to progress to year two of the programme.

Work placement is a very important aspect of the course, learners will complete four placements over the two years, totalling **320 hours per year**.

Progression can be to employment or Higher Education.

Support for you on your study programme

You are well supported during your time at Colchester Institute!

You will be allocated an academic tutor who you can see on a regular basis to discuss coursework and preparation for examinations.

You will also see Sacha Arnold, our **Progress and Destination Tutor**, who can offer pastoral support and can refer you to Student Support who can advise on finance, sexual health and provide emotional support.

We also offer support on progression, including preparing you for University applications and interviews, job interviews and developing your CV.

One learner said: 'One of the most beneficial parts of the course is how much support you receive from tutors. They provide support academically, regarding coursework, and work placement but also care about their students on a personal level, always taking into consideration our thoughts and feelings, which makes for a much more comfortable work environment.' **Level 3 Year 2 learner.**

Preparing for the examinations

The Level 2 and 3 Health and Social Care programmes include examinations, which the learner must pass.

The Health and Social Care team organise a comprehensive mock examination programme to support you, and have special Exam Preparation events and revision days to ensure you have the maximum opportunity to be successful.

The team also include workshop on managing exam anxiety and revision techniques.



Developing practical skills for the workplace

Wherever possible you will develop practical skills relevant to work in the health and social care sector using role plays and observed assessments.



Where do our learners go?

Learners progress either to the next level of study, to employment or to Higher Education. Destinations include:

Employment

Health Care Assistant

Adult Support Worker

Homeless Centre Support Worker

Dental Nurse apprenticeship

Mental Health Support worker

Dental Nurse

Higher Education

Adult Nursing

Midwifery

Primary Education

Special Educational Needs

Child Nursing

Paramedic Science

Early Childhood Studies

Occupational Therapy

Social Work

Psychology / Counselling

What our learners say

- *I think it's really helpful that all tutors have a health or social care background, this allows me to gain a realistic insight of theory in practise and what skills and knowledge are needed to make a great health and social care professional, as I am learning it from the best sources!*
- *I have found that combining academic and placement work so beneficial as it has allowed me to put theory into practice. Also, it has taught me vital, transferable skills that will be beneficial in my future chosen career as an adult nurse. The Health and Social care course has opened my eyes to a wide range of opportunities and possible careers which, before I would of never dreamed of pursuing, due to not having the confidence, knowledge and ambition, which undertaking the course has given me.*
- *I believe choosing to study at Colchester institute, on the Health and Social care course is one of the best decisions I have made. I am a completely changed person, who has a different, more positive outlook on life, with the confidence, knowledge and skill to never stop working until I reach my goal, I would highly recommend Colchester institute, as it allows students to gain an insight into their chosen career through skills based practise whilst gaining the qualifications to take the next step, weather that be into work or further education.*
- **Year 2 Level 3 learners**

What are you waiting for – join us!

Join us and:

- Develop your knowledge and skills in state of the art new facilities
- Experience a variety of teaching, learning and assessment methods
- Contribute and make a difference to the lives of real people on work experience
- Challenge your boundaries and build your resilience to make you ready for the most rewarding career you can choose