

Welcome to..

# **Colchester Institute**

## **Foundation and Supported Studies**

Progression  
Skills to Succeed  
Skills for Enterprise

**Better Careers** Begin Here

Area Head Welcome from  
Nicola Duke

Please click on the image

Email your questions to  
[nicola.duke@colchester.ac.uk](mailto:nicola.duke@colchester.ac.uk)



## Your Tutors



Janet  
Ireland  
Course Leader  
Progression A

Hayley White  
Course Leader  
Progression B



Karl Delaine  
Course Leader  
Progression C

# College Campus





Click image below to open video in YouTube

# Foundation and Supported Learning

**Better Careers** Begin Here

## Topics covered at college

Work Experience

Communication Skills

Food Safety & Hygiene

Health & Safety

Enterprise

Media & Photography

Maths

Group Tutorials

English

Employability

Team Building

Sports & Leisure

Current Affairs

## Where students progress to

- Employment
- Apprenticeships
- Level 1 Courses
- Level 2 Courses
- Continue on to next level up within area

# What else will we do?





# What trips could we go on?



## What the students say...

*“I got the independence I wanted and the help I needed”.*

*“I have enjoyed my work experience days”.*

*“I was nervous at first but I settled in quickly”.*

*“Sport is good in college – you can play football and join the gym”.*

*“Since I have been at college I have made some really fantastic friends”.*

# Questions

If you have any further questions please contact us:

Hayley White : 01206 712393

Janet Ireland: 01206 712411

Karl Delaine : 01206 2192  
or contact:

[FSLColchester@colchester.ac.uk](mailto:FSLColchester@colchester.ac.uk)

If you would like us to call you, please email us your number. We will be happy to ring you back.

## Need more information?

Please visit our area on our website containing detailed course specific information:



[https://www.colchester.ac.uk/  
courses/areas-of-study/foundation-studies/](https://www.colchester.ac.uk/courses/areas-of-study/foundation-studies/)



Need more information?

Book an appointment to meet with our Foundation and Supported Learning Team.

**Click on the link below to register an appointment.**



<https://www.picktime.com/ci>