

Welcome & Induction 2020

Sport

"Please give my thanks and congratulations to all the students. It was a great event and the children really enjoyed it."

"I just wanted to say thank you for an awesome afternoon. The children really loved it and the students were brilliant; so enthusiastic and confident."



Better Careers Begin Here

Sport

The following slides apply to the courses listed below;

- BTEC Level 3 Extended Certificate in Sports Coaching
- BTEC Level 3 Foundation Diploma in Sports Coaching and Development
- BTEC Level 3 Diploma in Sports Coaching and Development
- BTEC Level 3 Extended Diploma in Sports Coaching and Development

Welcome – Public Services and Sport

As the Area Head for Public Services and Sport I look forward to welcoming you to the college in the near future (and hopefully soon face to face). I can assure you that you are in good hands with my team. We will all strive to ensure that you have a positive college experience at Colchester Institute during your time here and that you gain the best results possible on your chosen course.

Justine Downey

Area Head for Public Services and Sport

Who We Are – Public Services and Sport

Justine Downey (Area Head)



Bio:

“After teaching within the Area of Sport, Tourism and Public Services for over 15 years at Colchester Institute - which I thoroughly enjoyed. I was fortunate to progress successfully into the management of the Area. I have now nearly 20 years’ experience of working at the college. I have witnessed many learners transition from school to college effectively and gain job opportunities in their area of study. “

Justin Powles (Assistant Area Head)



Bio:

“Colchester Institute has allowed me to bring enriched, industry-based value to our learners’ development by utilising my 29-years of Army service; with its diversity of roles, responsibilities and deployments.”

Who We Are – Public Services and Sport

Neil Owen

(Course and Unit Tutor)

Bio:

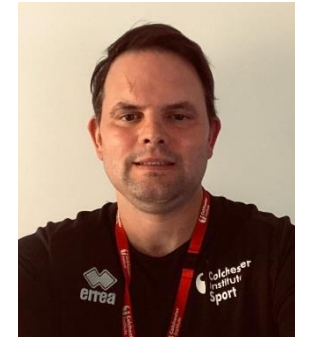


“With 15 years experience teaching on numerous sports programmes at Colchester Institute; I have, and continue to enjoy being able to facilitate our learners in their attempts to develop the industry-based knowledge and skills needed for a successful career in the sports industry.”

Ian Kershaw

(Course and Unit Tutor)

Bio:



“Having a passion for sport and education, Colchester Institute allows me to combine these passions to help learners develop their knowledge and experience to pursue a career in sport, exercise and health.”

Who We Are – Public Services and Sport

Rhian Springett

(Course and Unit Tutor)

Bio:



“Starting out as a student here myself, I successfully went on to gain industry experience in sports management and sports development. After nine years of teaching across various sports programmes, I continue to enjoy the diverse range of students and challenges we face each year.”

Stephen Downey

(Unit Tutor)

Bio:



“Teaching at Colchester Institute lets me support and develop learners who have an interest in working towards a career in the sports industry, making use of my 30 years experience in coaching football from grass-roots to elite professional levels.”

Who We Are – Public Services and Sport

Marion Connell

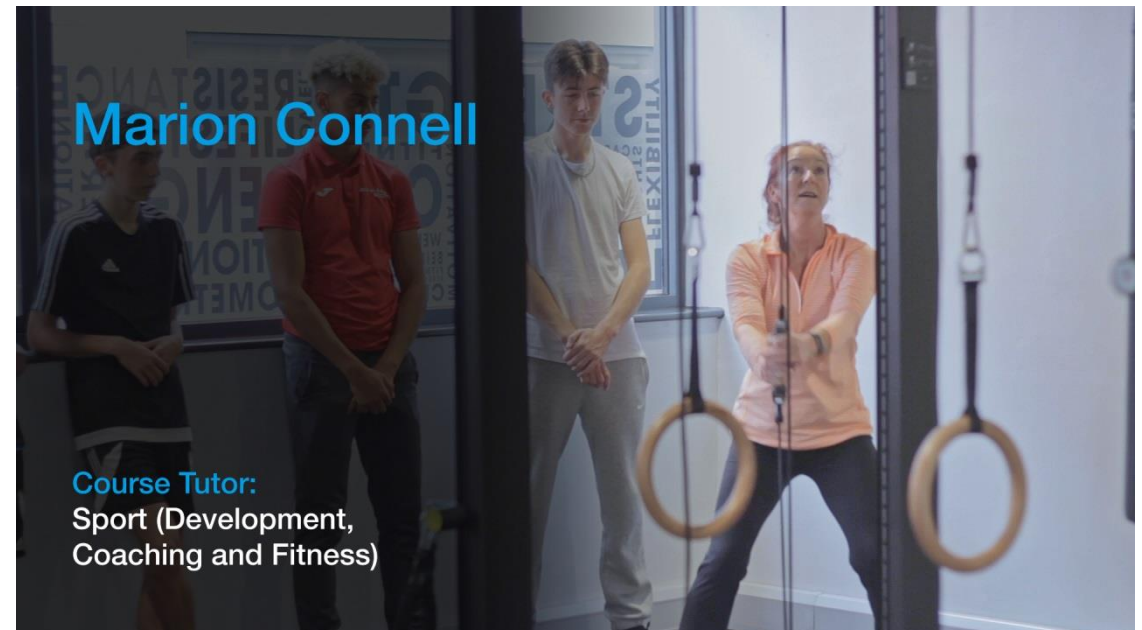
(Unit Tutor)

Bio:

“I have been in the fitness industry for 28 years and have my own business as a Personal Trainer, Sports Massage Therapist and Class Instructor. I have now been teaching 18 Years and continue to enjoy using my experiences to help students take a stepping stone into the industry.”



Click image below to open video in YouTube



Where you will be learning

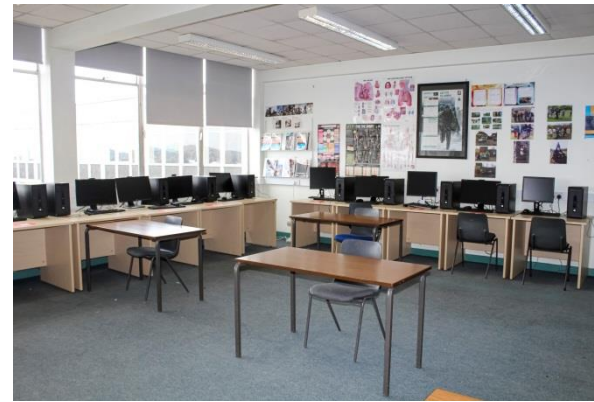
Due to the mix of theory and practical elements of the BTEC Level 3 Sport courses, we use a number of different learning environments, on and off of the Colchester Campus. Photos of these are on the next set of slides.

- Classrooms** – Our key classrooms include B207, B208, B210 and D436
- Practical Spaces** – Sports Hall and Fitness gym equipped by Technogym
- Off-Campus** – Spring Lane

Where you will be learning - Classrooms

Classrooms are located centrally on campus and are a mix of theory classrooms and IT facilities. These classrooms will be your normal working areas.

Please note: our classrooms are currently undergoing some changes to ensure they are compliant with government guidelines and may appear sparse.



Where you will be learning – Practical Spaces

The college gym is newly refurbished and fitted with state of the art, Technogym equipment. This includes cardiovascular machines, resistance machines, free weights area and a separate functional fitness suit which includes stretch areas and a versatile functional training rig.



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Click image below to open video in YouTube



Better Careers Begin Here

Where you will be learning – Spring Lane

Spring Lane is a short walk from the Colchester Campus and boasts eight tennis courts, a hard court, an eleven a-side and junior sized football pitches, as well as a classroom and changing facilities.



Introduction to BTEC Level 3

Our BTEC Level 3 courses are endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA). The qualification is fully mapped to its professional standards of 'Assistant Coach' and 'Safeguarding and Protecting Children'.

CIMSPA's endorsement of this qualification allows learners to apply for CIMSPA membership after successfully completing this programme, and is therefore recognised by employers as enabling learners to enter employment in the job role of assistant coach in the sports sector.

We hold an annual Sports Day for 12 local Primary and Infant Schools every year and have close links with a number of sports coaching businesses, where students can gain relevant work related experiences.

"The students surpassed my expectations and more. They were kind and caring and they were very supportive of the children, especially those who found activities difficult."

What you will be learning – 2 A-Level Equivalent

- Our Level 3 BTEC programmes are designed to be two standalone courses.
- In year one, learners will be working towards the Extended Certificate in Sports Coaching by completing the three mandatory units of study.
- On successful completion of these, learners will progress into the second year where they will study a further three mandatory units and one specialist unit in order to achieve the 2 A-Level equivalent BTEC Level 3 Diploma in Sports Coaching and Development.
- Alongside the sports element of your course, you will also have GCSE Mathematics' lessons (for those who achieved grade 3 or below), Group Tutorials and Individual Tutorials.
- Usually lessons are two hours long and you will have up to three of these a day. Typically lessons start at 09:00, 11:00 and 13:00.
- The whole qualification equates to approximately 70% theory and 30%. Some units of study will be more practical than others.

What you will be learning – 2 A-Level Equivalent

Year One

BTEC Level 3 Extended Certificate in Sports Coaching

Mandatory units include;

- Careers in the Sport and Active Leisure Industry
- Health, Wellbeing and Sport
- Developing Coaching Skills

Year Two

BTEC Level 3 Diploma in Sports Coaching and Development

Mandatory units include;

- Applied Coaching Skills
- Sport Development
- Self-employment in Sport and Physical Activity

Plus one specialist unit of study

Entry Requirements: A minimum of 4 GCSEs 9-4 (A*-C) including English

What you will be learning – 3 A-Level Equivalent

- Our Level 3 BTEC programmes are designed to be two standalone courses.
- In year one, learners will be working towards the Foundation Diploma in Sports Coaching and Development by completing five mandatory and one specialist unit of study.
- On successful completion of these, learners will progress into the second year where they will study a further two mandatory units and four specialist units in order to achieve the 3 A-Level equivalent BTEC Level 3 Extended Diploma in Sports Coaching and Development.
- Alongside the sports element of your course, you will also have Group Tutorials and Individual Tutorials.
- Usually lessons are two hours long and you will have up to three of these a day. Typically lessons start at 09:00, 11:00 and 14:00.
- The whole qualification equates to approximately 70% theory and 30%. Some units of study will be more practical than others.

What you will be learning – 3 A-Level Equivalent

Year One

BTEC Level 3 Foundation Diploma in Sports Coaching and Development

Mandatory units include;

- Careers in the Sport and Active Leisure Industry
- Health, Wellbeing and Sport
- Developing Coaching Skills
- Sport Development
- Self-employment in Sport and Physical Activity

Plus one specialist unit of study

Year Two

BTEC Level 3 Extended Diploma in Sports Coaching and Development

Mandatory units include;

- Applied Coaching Skills
- Research Project in Sport

Plus four specialist units of study

Entry Requirements: A minimum of 5 GCSEs 9-4 (A*-C) including English and Mathematics

What students say

My View...



**Rebecca
Jeggo**

“ The course provides opportunities to put what we are learning into practice in schools and in our own coaching outside of college. Learning from tutors who are experts in all of the areas has contributed to me achieving top grades. ”



**Kaitlyn
Brand**

I like that the programme involves coursework and practical work, like coaching in schools. I have progressed from Level 2 to Level 3, and this wouldn't have been possible without the help of the tutors.

What students do after this course

Typically, students go on to do one of the following;

1. Leave to study at University on degrees such as Sports Coaching, Sports Performance, Sports Marketing, Sports Nutrition, PE teaching and Sports Therapy
2. Continue on to our UCC Higher National Certificate (HNC) in Sports Coaching Science
3. Continue on to our Level 3 Diploma in Professional Sports Coaching
4. Train to become Fitness Instructors and Personal Trainers
5. Go straight into employment working and coaching for one of the many organisations that deliver PE in schools

What students do after this course – Case Study

Case Study of Rebecca Jeggo:

I started at Colchester Institute in 2016 where I studied the BTEC Level 3 in Sports Coaching, Development and Fitness which was the equivalent to 3 'A' Levels and achieved D*D*D*.

After this 2 year course, I decided to stay for a 3rd year and progressed onto the Level 3 Diploma in Professional Sports Coaching.

On this course I achieved vocational qualifications in coaching, physical education, leadership and fitness instructing.

I am now studying for a BSc degree in Sports Performance and Coaching at the University of Essex. I have just completed my first year.

What you need to have before you start

Generic Equipment

- A4 folder or ring binder with dividers
- A4 lined notepad
- Selection of writing pens, pencil, and highlighters
- Mathematics set and scientific calculator if retaking GCSE Mathematics

Specialist Equipment

- Sports shoes / trainers
- Football boots
- Sports kit (t-shirt, shorts/joggers/leggings)
- Wet weather sports kit (i.e. waterproof rain jacket and trousers)
- Sports Coaching Uniform (to be purchased at enrolment)

Welcome & Induction 2020

Course costs and fees



Coaching Uniform
~ £75

Presenting Coursework
- dependant on each
student



DBS ~£60
Only applicable to
some students



Trips
£TBC

Frequently Asked Questions

Please join some of our tutors for a Zoom session where we hope to answer some of your frequently asked questions. Details are below:

BTEC Level 3 Zoom - 10:00am - Tuesday 30th June

Meeting ID: 949 6001 8403

Password: 857449

Welcome Day Questionnaire

As we were not able to meet you at our Welcome Day, we'd love you to fill in a very short questionnaire so that we can still find out a little bit more about you.

The questionnaire can be found by clicking the link below or scanning the QR code

[BTEC Level 3 Sport Welcome Day Questionnaire](#)



We look forward to seeing you soon!

