

Welcome & Induction 2020

UAL Level 3 Dance



Better Careers Begin Here

Dance

Your journey starts here

Hello and welcome to Colchester Institute Performing Arts and Music!

Over the next 1 – 2 years you will take a study programme that will help you progress in your academic and professional development, leading you on to further training or into employment. You will learn, develop and apply skills, knowledge and ideas, supported by a dedicated, expert team of staff. You will encounter new ideas, ways of working and people who share your passion for the creative arts – and you may well make some friends that will last you a life-time.

You can expect interesting and stimulating sessions that will directly connect with the creative industry and we expect you be committed, confident and demonstrate the passion and commitment that will help you move forward in your subject.

Whilst we are sad not to be able to run our normal welcome events in college, we are busy preparing for and very much looking forward to the start of next year's courses. Enjoy the course and if you have any issues questions or ideas, please do not hesitate to talk to us.

Ben Treacher

Area Head of Performing Arts and Music

Dance

Ben Treacher

Area Head - Music and Performing Arts



Ben Treacher has been leading the Area Head of Music and Performing Arts for some time. He has extensive experience over many years in actor training and educational leadership.

Music and Performing Arts Leadership

Martyn Hall

Assistant Area Head - Music and Performing Arts
Course Leader - BTEC Level 3 Production Arts



With a background in Technical Theatre, Acting and Music, Martyn has been teaching Performing Arts for 20 years. "Watching learners on the journey from school to a career is hard work but very rewarding"

The Music and Performing Arts department is led by the Area Head supported by the Assistant Area Head.

You will have a Course Leader who will manage your main programme, deciding how your course is structured, what you need to learn and monitoring your progress on that qualification

Your Pastoral Tutor looks after your wellbeing and monitors and supports your overall progress.

Subject Tutors will be plan and deliver your sessions, set you work and assignments, and mark and feedback on your work.

You may also work with the department technicians, from time to time, who look after equipment and rooms used in the teaching and learning.

Dependent on your course, you may also work with instrumental tutors and accompanists.

Tutors on Level 3 Dance

Hazel Banham

Course Leader Level 3 Dance
Dance Lecturer Musical Theatre Degree



Training: London Studio Centre
Having performed professionally all over the world, Hazel now enjoys helping the next generation of performers on the start of their exciting journey every way she can.

Sarah Lloyd

Dance Lecturer
Level 3 Dance and Musical Theatre



Sarah graduated in 2016 with a BA (Hons) in Musical Theatre and again in 2018 with a Post Graduate Certificate in Education. Outside of CI Sarah teaches dance at a variety of places as well as being a qualified cheerleading coach.

Nova Hughes

Singing Lecturer
Course Leader - Level 3 Musical Theatre



Nova trained at Mountview and has performed in the West End.
She is a certified Estil Voice Teacher, EMT.
Nova has also performed as a lead vocalist for Celebrity Cruises and as a Cruise Director for the Yauchs of Seabourne

Dance

You are about to undertake a study programme at Colchester Institute. This will include the following aspects of study:

- Your main programme: UAL Level 3 Extended Diploma in Performing and Production Arts - Dance
- GCSE Maths and English (if you have not already achieved a grade 4/C or above in these subjects.
- Tutorial Programme, including Level 1 qualifications in British Values and Keeping Safe and Healthy
- Independent Study
- Work Experience
- Enrichment Opportunities

Your Study Programme



Units

Year 1

1. Principles of Performance
2. Engaging with an Audience
3. Introduction to Professional Practice
4. Critical and contextual awareness
5. Production skills and context
6. Performance skills and context
7. Preparation for Specialist Study
8. Collaborative performance project

ual: awarding
body



Practical vs Theory



- Most of your timetable will be made up of practical classes to maximise studio and tutor contact time.
- You will have a study skills class to aid you with the written aspects. There is written components in all units, most of which is completed via online blog and links directly to your practical classes.
- All written work has been designed to help support your practical studies and aid your progression to the next step. It is also an essential part of your qualification and most is completed at home.

What will I study?

GCSE Maths/English classes will be required in addition to your main qualification if a 4 or above is not achieved

Year 1:

- Core Styles: Ballet, Jazz, Tap, Contemporary
- Performance Techniques
- Choreography
- Fitness
- Contextual studies
- Research and Reflection skills
- British Values
- Tutorials
- Guest Workshops
- Performance Projects
- Injury Prevention and Rehabilitation
- Progression



Year 1:

- Core Styles: Ballet, Jazz, Tap, Contemporary
- Commercial Styles
- International
- Choreography
- Singing
- Contact Improvisation
- Progression
- Audition Technique
- Keeping safe and healthy
- Performance Projects
- Tutorials
- Guest Workshops



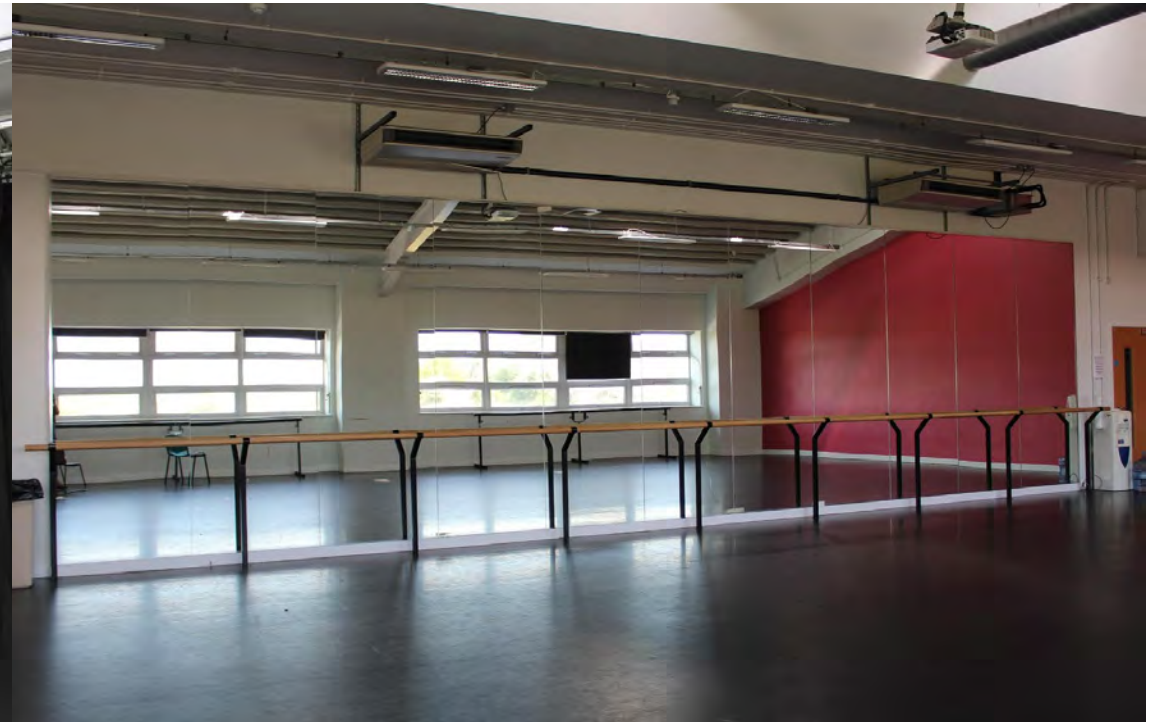
Welcome & Induction 2020

Dance Studios

W404



W405



Better Careers Begin Here

Performance Spaces

Main Hall



Swinburne Hall



What might my 1st year look like...

Practical Technique Assessments

Intensive Project Week- Collaborative performance project

Christmas Showcase

May Dance Show

Care home performances

Guest workshops

Written assignments

Theatre trips/Move It

Open Events

Choreography Tasks

Dance Photoshoots

Audition workshops

Future Planning

Goal achieving

Online Blog work



Example Timetable Year 1

	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45
Monday	GCSE English/Maths								JOINING YR2 After Christmas																							
	Enrichment																															
Tuesday	Meetings				Hazel Banham W405 Unit 1 Ballet				Hazel Banham W405 Unit 1 Tap				Sarah Lloyd W405 Unit 3 Prof Prac																			
Wednesday	Hazel Banham W405 Unit 1 Jazz				Hazel Banham K254 GAP/Individual				Self Directed W404 Independent				TBC TBC Tutorial				Hazel Banham W404 Unit 1 - 7/8 Contemporary				Self Directed W404 Independent											
Thursday	Sarah Lloyd W404 Unit 4 Choreography				Sarah Lloyd W404 Unit 2 Performance				Hazel Banham B112 Study Skills																							

Where will the course take me?

Many of our students go into the world of dance

- Dancer (Contemporary, Commercial, Musical Theatre)
- Singer Dancer
- Choreography
- Dance Teaching



However some choose to follow different paths

- Gymnastics Instructor
- Banking
- Events Management
- Nursing
- Make Up Artist
- Beauty Consultant.
- Estate Agent



Graduate Destinations:

Vocational Training:



Graduate Destinations:

Universities:



In the wider dance world...

The dance course currently has 23 graduates studying Dance at Vocational colleges and Universities across the UK with another 9 set to join them this year

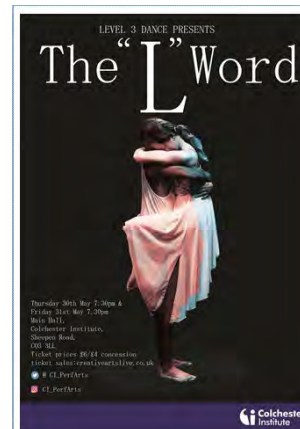


An insight into the dance show

This year, we were unfortunately unable to perform our dance show “Walk of Fame” however we managed to film all of the pieces created before lockdown so here is a little snippet of what it would have been like

Click on the link below to access the video on youtube

<https://www.youtube.com/watch?v=3lkhdP4Ebq4&feature=youtu.be>



Where are they now?

Freya Brown

Graduated 2017

Further training: Rambert

Recently performed in *Romeo and Juliet*



Paris McDonald

Graduated 2017

Further training: Performers College
Dance Captain and 1st cover Cinderella
Cinderella, Palace Theatre, Redditch



Sophie Stott

Graduated 2016

Further training: MADD College

Singer Dancer Marella Discovery Cruise Ship



Oliver Robertson

Graduated 2016

Further training: Northern Contemporary Dance

Dancer with James Wilton Dance Company



A little welcome

To make it seem a little less daunting our current 1st years have put together a little welcome for you

Click on this link to access video on youtube

<https://youtu.be/HHIWzmRZvqM>



Equipment List

FEMALE

Black Leotard

Black Tights

Black Leggings

Pink Ballet Tights

Hair pins and Hair nets (for a ballet bun)

Sports Bra

MALE

Dance belt

Black vest

Black shorts

Ballet unitard/mens fitted cotton tights/black vest

ALL

Ballet Shoes

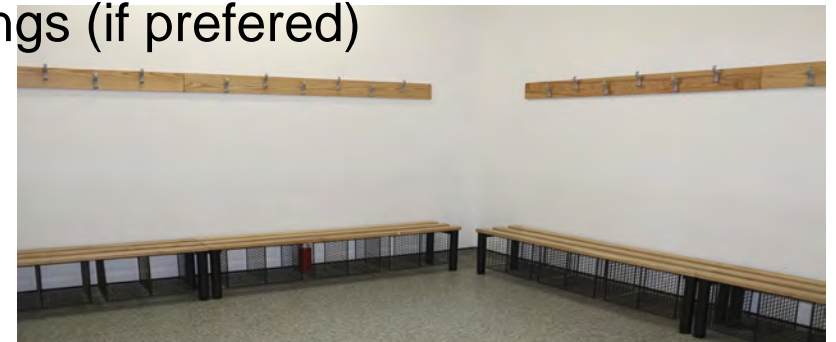
Tap Shoes (with adjustable screws)

Jazz shoes/Foot thongs (if preferred)

A4 Ring binder

Notebook, Pens

Deodorant!!!!



Dance

Q+A Session

You are invited to attend an online session where we will answer some questions that have been submitted and where you will have the opportunity to put questions to the course leader.

This will take place
10:30 – Tuesday 30th June 2020

on Zoom
www.zoom.us

Meeting ID: 617 108 3121
Password: 8ZpAey

Welcome & Induction 2020

Looking forward to having you join us in September



Better Careers Begin Here