

LEVEL 3
(COLCHESTER ONLY)

BODY TREATMENTS

Back Treatment* 45 mins £10

The back is cleansed and exfoliated, then treated with hot towels and a specialist machine to leave your skin radiant and refined. Includes a back massage.

Slim and Firm* up to 50 mins £10

This treatment helps to breakdown cellulite whilst tightening and improving muscle tone. The current from the machine, along with active ingredients penetrate deep into the tissue giving an instant result. On booking please request front or back of body.

Detox and Tone* 45 mins £10

An effective, relaxing treatment using a vacuum suction machine. This assists the lymphatic system, by helping to remove toxins whilst breaking down fatty deposits.

*Metal piercings MUST be removed for these treatments

To achieve optimum results Slim and Firm/Detox and Tone treatments require the client to be observed in their underwear for a detailed body analysis to be undertaken. (Not applicable to male clients).

TANNING

Tanning treatments require a patch test at least 48hrs prior to treatment. Please attend wearing dark, loose clothing and do not apply any deodorant, perfumes or lotions. Please ensure any hair removal procedures are undertaken at least 24hrs prior to your visit. Tanning is only available at limited times throughout the year.

Spray Tanning 30 mins £7

Our ultra-fast spray tan is a quick and effective way to achieve a natural sun kissed glow. You are advised to exfoliate prior to this treatment at home using a non-oily product.

Deluxe Manual Tanning 45 mins £10

An indulgent treatment to achieve a natural looking tan. Incorporating a full body polish and unique moisturising cream formulation applied with relaxing massage movements.



PAMPER DAYS

Relax and unwind with our Hair, Beauty and Restaurant pamper packages.

Please ask at Reception for more details.
Colchester only.

AVAILABILITY

Please note the availability of salon times and treatments/services are subject to change due to training and exam schedules.

GIFT VOUCHERS

Gift vouchers are available to purchase from Reception.

Join our mailing list and keep up to date with all the news and offers from Ci Salons

To subscribe, please visit
www.colchester.ac.uk/salons.

Like us on Facebook and follow us on Twitter and Instagram where we share our news and promotions!

HOW TO FIND US

Colchester Institute
Sheepen Road, Colchester, CO3 3LL

The College at Braintree
Church Lane, Braintree, Essex, CM7 5SN

Booking Information

- Any cancellations made within 24 hours may incur a charge.
- Due to Health and Safety regulations we do not allow children under the age of 12 years in the salon. Children aged 12 – 15 must be accompanied by an adult. We are unable to offer any chemical services to children under the age of 16.
- In order to continuously improve our services and customer care we welcome any feedback, please collect a customer comment card from Reception or contact us via email.
- Please note that Reception may be closed due to training sessions, please leave a message and we will get back to you.
- We accept cash and card payments in the Salon. Tips can be given at your discretion.
- Salons are open to the public Monday to Friday during term time. Limited appointments may be available in Colchester during the summer break. It is advised that you book early to avoid disappointment.
- Please be aware that this is a training establishment. All students are learning and service times may vary from those in general salons.
- If you have a medical condition we may require a doctor's note prior to treatment. Certain medical conditions may prevent or restrict a treatment/service from being carried out. Please inform reception of any special requirements you may have.
- Please note that your treatment/service may be carried out by either a male or female student.
- Car parking varies depending on the campus, Please ask at Reception for details. Visitor parking is limited; please arrive in plenty of time to secure a place. Parking is free and permitted in the visitor car park for the duration of your visit to the salons. Please note that to ensure campus safety you may be politely challenged at the security barrier.

Revised September 2019

Colchester: Hair – (01206) 712359
Colchester: Beauty – (01206) 712888
Braintree: Beauty – (01206) 814290
E: hairandbeauty.reception@colchester.ac.uk

Opening times vary depending on site – see website for details
www.colchester.ac.uk/salons



HAIR & BEAUTY THERAPIES



HAIRDRESSING COLCHESTER ONLY

LEVEL 1/2

These students are working towards their Level 1/2 in Hairdressing. They have had thorough training on all hairdressing services before working on the public.

STYLING SERVICES

Wash and Blow-Dry / Set	£5
Hair Up	£5.50

CUTTING SERVICES

Cut and Blow-Dry	£7
Cut, Shampoo and Set	£7
Gents Cut and Finish	£5

PERMING SERVICES

If your hair is straight, lacks volume or is lifeless, book in for a permanent wave or a root perm to give you the volume that you desire. Through a thorough consultation you and your stylist will decide on the type of curl/movement or volume you want to achieve.

Permanent Wave	£15
Root Perm	£9

COLOURING SERVICES

A skin test must be carried out at least 48hrs prior to colouring services. The test is valid for three months. You will not be required to retest if you have undertaken the service within the last three months.

Coloured Mousse (not including finish)	£1.50
Semi-Permanent Colour (not including finish)	from £5
Quasi / Demi-Permanent Colour	from £10
Full Head Permanent	from £20
Re-Growth Permanent	£14.50
Re-Growth and Colour Refresher	from £20
Cap Highlights / Lowlights	£12.50
T-Section Foil Highlights / Lowlights	from £13.50
Half Head Foil Highlights / Lowlights	from £16.50
Full Head Foil Highlights / Lowlights	from £22

TREATMENT SERVICES

Luxury Penetrating Conditioning Treatment	£7
This luxurious hair conditioning treatment includes a relaxing head and scalp massage, and a wash and blow-dry.	
Incorporate a Luxury Penetrating Conditioning Treatment into your service for an additional	£4

LEVEL 3

These students are working towards their Level 3 in Hairdressing, having already completed Level 2. They are improving and advancing their skills.

CUTTING SERVICES

Restyle and Finish	£10
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PERMING SERVICES

Permanent Wave	from £18.50
Spiral Perm	Price at consultation

COLOURING SERVICES

A skin test must be carried out at least 48hrs prior to colouring services. The test is valid for three months. You will not be required to retest if you have undertaken the service within the last three months.

Half Head Highlights / Lowlights	from £20
Full Head Foil Highlights / Lowlights	from £28
Full Head Colour (permanent)	from £28
Full Head Bleaching and Toning	from £28 price at consultation
Colour Correction	from £30 price at consultation
Quasi / Demi-Permanent Colour Balancing	from £15



BEAUTY THERAPY

LEVEL 2

HANDS AND FEET

Luxury Manicure or Pedicure*	50 mins	£10
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Specialist products will be used to indulge your nails, hands or feet. Nails will be filed, soaked and cuticle work will be carried out. Incorporating an exfoliation, relaxing massage, and choice of hydrating mask or heated paraffin wax treatment for the ultimate indulgence. The treatment will be completed with a colour of your choice.

Footlogix*	50 mins	£13.50
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Experience our fantastic Prescription Pedicure for rough, cracked and hard skin. Footlogix is the world's first and only Pedicuteal® foot care line and achieves transformational results! The treatment will be completed with a colour of your choice.

*We recommend you bring open toe shoes to wear after a pedicure to avoid smudging.

FACIAL TREATMENTS

Level 2 Facial	50 mins	£15
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Unwind and revitalise your skin with a Facial treatment. Your skin will be cleansed and a skin analysis will be carried out followed by exfoliation, skin warming, relaxing face and neck massage, mask and moisturiser.

WAXING

Half Leg (knee to toe)	£8	Full Leg	£10
Bikini	£5	Eyebrows	£5
Under Arm	£5	Facial (per area)	£5

MAKE-UP

Make-Up	up to 45 mins	£5
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Have your make-up applied with tips and advice on colours and application.

EYE TREATMENTS

A relevant skin test must be carried out at least 48hrs prior to tinting, and false lash services. The test is valid for three months. You will not be required to retest if you have undertaken the service within the last three months.

Eyebrow Shape	£2.50	Eyelash Tint	£5
Eyebrow Tint	£3	Eye Package	£8
<small>(Eyebrow shape, eyelash tint, eyebrow tint)</small>			

Party Strip Lashes	£5
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These artificial lashes are designed to be worn for a short period, either for a day or an evening. They are attached to the skin and can be cleaned and re-used.

Cluster Lashes	Half Set	£4.00	Full Set	£5.50
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These temporary lashes can be used to increase the length and/or thickness of your natural lashes for a short period of time. Your therapist will give you tips and advice on maintenance.

LEVEL 3 (COLCHESTER ONLY)

MASSAGE

Full Body Massage	50 mins	£15
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A luxurious Swedish massage treatment to ease day-to-day stresses, muscular tension, and promote relaxation.

Aromatherapy	50 mins	£15
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This truly relaxing, gentle holistic massage uses light pressure movements to provide a deeply nurturing treatment. Pre-blended massage oil will be chosen to suit individual needs, boosting wellbeing and relieving stress and tension.

Hot Stone Massage	50 mins	£15
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A deeply soothing and relaxing massage, using Heated Basalt Lava Stones and incorporating Swedish massage movements to warm your muscles and provide a much deeper massage.

Indian Head Massage	45 mins	£10
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Indian Head Massage is a therapeutic seated massage of the shoulders, neck, scalp and face, with or without the use of oils. This massage is excellent for relieving stress and also promotes relaxation.

FACIAL TREATMENTS

Level 3 Prescription Facial*	50 mins	£20
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Enjoy a relaxing specialist facial that will leave your skin glowing and radiant. Your skin will be deep cleansed and massaged. This facial treats individual skin conditions with the use of specialist facial machines and products.

Non-Surgical Facelift (Microcurrent)*	50 mins	£20
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This treatment has been designed to improve the signs of ageing by reducing and smoothing fine lines and improving skin texture. This specialist facial helps to restore the elasticity of the skin and is both preventative and corrective.

*Metal piercings MUST be removed for these treatments.

Microdermabrasion Facial	45 mins	£20
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This non-invasive resurfacing and deep exfoliation facial treatment helps to improve and reduce fine lines, wrinkles, scarring, pigmentation, uneven skin tones and dull, lifeless, sun damaged skin. Microdermabrasion leaves a glowing, smooth, even and bright complexion. Microdermabrasion is not suitable for hypersensitive skins or for clients who are using steroids or acne medications.