

# University Centre Colchester (UCC)

## Staff Profile

Name:	Lindsay Horsley
Job title/role:	Lecturer in Counselling
Subjects taught/administrative responsibilities:	Lindsay teaches the following modules: Counselling/professional practice; Working with Children & Young People; Mental Health. She is a personal tutor and a dissertation supervisor.
Qualifications and Membership of Professional bodies:	BA (Hons) Counselling Studies, University Centre Colchester Dip. (HE) Person-centred Counselling, University Centre Colchester PGCHEP, University of Essex Cert. Attachment Focused Therapy, Cert. CBT  She is a registered accredited member of the British Association Counselling & Psychotherapy (BACP), a Fellow of the Higher Education Academy (HEA) and a Barnardo's LINK Counsellor.
Experience in Education:	Lindsay joined University Centre Colchester as a lecturer in Counselling in 2015.
Biography and personal interests:	Initially qualifying and experience with counselling adults, her practice evolved and with further CPD and expanded to working with young people. Her specific area of interest and experience is working with individuals in care and those affected by adoption. The person-centred approach to counselling continues to inform all areas of practice. When not working, Lindsay's interests include theatre, cinema, a good book and running.
Professional practice / research interests:	In addition to her lecturing at UCC, Lindsay continues to work in private practice, believing that doing so enables her to retain an up-to-date understanding of developments in her profession. Current area of interest has been to undertake a Certificate in Supervision.