

1.	Title	Working with Children and Young People (WCYP)
2.	Level *	6
3.	Credits	20
4.	Indicative Student Study Hours	200
5.	Core (must take and pass), Compulsory (must take) or Optional	Optional

\* **Foundation Level=3 Degree Year 1 = 4 Degree Year 2 = 5 Degree Year 3 = 6**

**PG (Masters) = 7**

#### 5. Brief Description of Module (purpose, principal aims and objectives)

The module will explore the development of children and young people (CYP), and promote the work and professionalism of counsellors working with CYP. To develop students' knowledge of working with CYP, the module will consider the issues facing young people, the law and policies protecting CYP. Students will look at various therapeutic modalities in relation to work with CYP and CYP development.

Students will be provided with an introduction to cognitive and emotional development of young people and the impact of early trauma and attachment on the individual. Knowledge of Children Act 1989, CYP rights and confidentiality, including Fraser Guidelines will be covered. Comparisons between working with adults and young people will be considered throughout this module.

Development of mental health issues for CYP will be considered, including social, environmental and stress vulnerability factors. Students will compare the person-centred approach with integrative theory based on Geldard & Geldard, SPIC and Proactive models of support and be encouraged to critique methods of working with particular reference to "non-directivity".

Students will be supported to work creatively through art and play as an introduction to practising with this client group and their competence will be developed through observed practice with peer and tutor feedback. This module fulfils criteria for the BACP Stage 1 Curriculum for working with CYP, ages 11 - 18 years. Students opting for this module must therefore meet the criteria set out by BACP.

#### 6. Learning Outcomes - On successful completion of this module a student will be able to:

*(Add more lines if required)*

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| 1. | Critically analyse the relationship of theories of human growth and development with theories of therapy for Children and Young People (CYP) |
| 2. | Critically analyse the impact of issues for CYP in the context of professional practice, with reference to relevant legislation              |
| 3. | Demonstrate competent, professional and ethical practice with CYP  |

#### Generic Learning Outcome(s)

4.	Value peer contributions to effective working practices
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### 7. Assessment

<b>Pass on aggregate or Pass all components</b> <i>(modules can only be pass all components if this is a PSRB requirement)</i>	<b>Pass all components</b>
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#### Summary of Assessment Plan

	Type	% Weighting	Anonymous Yes / No	Word Count/ Exam Length	Learning Outcomes Coverage	Comments
1.	Case Study critical analysis	25	Yes	1000	1,2	
2.	20-minute recorded session with a peer and Viva Voce	75	No	Equivalent to 2500	3,4	

#### Further Details of Assessment Proposals

Give brief explanation of each assessment activity listed

Students will be given a case study scenario to which they will apply theoretical knowledge and critique

Students will record skill practice in triads/tetrads with peers and select the recording which they feel best meets LO3

Students will attend a viva with the tutor based on their submitted 20-minute video recording, which enables them to critically analyse and evaluate their competence in practice

### 8. Summary of Pre and / or Co Requisite Requirements

Year 2/DipHE

### 9. For use on following programmes

DipHE Person-Centred Counselling / BA Counselling and Psychotherapy

<b>1.</b>	<b>Module Leader</b>	Lindsay Horsley
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<b>2.</b>	<b>Indicative Content</b>	<p>(From BACP Stage 1 Curriculum: <a href="https://www.bacp.co.uk/media/2326/bacp-counselling-young-people-training-curriculum.pdf">https://www.bacp.co.uk/media/2326/bacp-counselling-young-people-training-curriculum.pdf</a>)</p> <ol style="list-style-type: none"> <li>1. Ethical and professional practice</li> <li>2. Child Protection and Safeguarding including Prevent</li> <li>3. Child and adolescent development and transitions</li> <li>4. Communication with young people</li> <li>5. Mental health and other issues for young people</li> <li>6. Therapeutic models for work with children and young people</li> <li>7. Working within the context of the counselling setting</li> <li>8. Beginnings and endings with young people</li> <li>9. Contracting</li> <li>10. Risk assessment and monitoring</li> <li>11. Referral</li> <li>12. weekly skill practice with peers/ peer and tutor feedback/ weekly Reflective learning record</li> </ol>
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**3. Delivery Method** *(please tick appropriate box)*

Classroom Based	Supported Open Learning	Distance Learning	E-Learning	Work Based Learning	Other (specify)
✓					

*If the Delivery Method is **Classroom Based** please complete the following table:*

	Activity (lecture, seminar, tutorial, workshop)	Activity Duration - Hrs	Comments	Learning Outcomes
1	Seminars	17		1,2
2	Observed practice	18		3,4
3	Tutorial	5		1,2,3,4
4	Workshop	1	Assignments/referencing/ study skills	1,2,3,4
5	Self-directed learning	159	Including assignment prep	1,2,3,4
	<b>Total Hours</b>	<b>200</b>		

If delivery method is <i>not</i> classroom based state lecturer hours to support delivery	
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#### 4. Learning Resources

To include contextualised Reading List.

### Working with Children and Young People (WCYP)

#### Reading List

##### Essential:

Midgley, A, Hayes, J, Cooper M (eds.) (2017). *Essential Research Findings in Child and Adolescent Counselling and psychotherapy*. London: Sage

Prever, M., (2010) *Counselling and Supporting Children and Young People: A Person-Centred Approach*. London: Sage

Smyth, D (2013). *Person-Centred Therapy with Children and Young People*. London: SAGE Publications Ltd

##### Recommended:

Geldard, K. Geldard, D & Yin Foo, R (2016) *Counselling Adolescents: The Proactive Approach for Young People*. 3rd Ed. London: SAGE Publications Ltd

Keys, S & Walshaw, T (2008). *Person-Centred Work with Children & Young People: UK Practitioner Experiences*. Ross-on-Wye: PCCS Books

##### Journals and Websites:

BACP (2018) *Good Practice in Action 046 Commonly Asked Questions 3 Working with children and young people within the counselling professions*. Lutterworth: BACP [online] Available at: <https://www.bacp.co.uk/media/4319/bacp-working-with-children-young-people-caq-gpia046-sep18.pdf>

BACP *Children, Young People and Families* journal

*MindEd: e-learning to support healthy minds: MindEd Counselling* [online] Available at: <https://www.minded.org.uk/catalogue/Index>