

<b>Module Title:</b>	Professional Supervision
<b>Module Code:</b>	DHPC09I/BAPC09I
<b>Level:</b>	5
<b>Credits:</b>	15
<b>Pre-requisites:</b>	Successful completion of Year 1

**Module Description:**

The Module is designed to promote the value of individual peer supervision to provide the student with the opportunity to gain knowledge and understanding of supervision models and practices. The module is constructed in such a way as to provide the student with insight into the process of supervision, both as a recipient and provider, and to give students the opportunity to reflect upon and develop his/her supervisory practice.

The aims of this module are:

- to provide the student with an understanding and appreciation of individual supervision as a means of promoting reflective practice
- to enable the student to develop some supervision skills for promoting reflection and clinical reasoning in peer supervision work

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**Indicative Content:**

A number of areas will be looked at

- The nature of individual supervision, its functions, tasks and contexts, including models of supervision
- Critical exploration of the students' own and others' experiences of supervision within practice
- Skills of presentation, session management, facilitation and intervention
- Analysis of supervision tasks and processes
- Evaluation of supervision and its role in professional growth and development.

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**Bibliography**

Highly Recommended

Bernard, JM and Goodyear, RK (2013). *Fundamentals of Clinical Supervision*. 5th ed. New Jersey: Merrill

Carrol, M (1996). *Counselling Supervision: Theory, Skills and Practice* London: Cassell

Casement, P (1985). *On Learning from the Patient*. London: Routledge

Feltham, C and Dryden, W (1994). *Developing Counsellor Supervision*. London: SAGE Publications Ltd

## Module Specifications: School of Health & Social Sciences

Hawkins, P and Shohet, R (2012). Supervision in the Helping Professions. 4th ed. Milton Keynes: Open University.

Van Ooijen, E (2000). Clinical Supervision: A Practical Guide. Edinburgh: Churchill Livingstone

### Recommended

Inskipp, F and Proctor, B (2001). The Art, Crafts & Tasks of Supervision Pt 1 : Making the Most of Supervision. 2nd ed. Twickenham: Cascade.

Page, S and Wosket, V (2014). Supervising the Counsellor and Psychotherapist: A Cyclical Model. 3rd ed. London: Routledge

Wheeler, S. and King, D (2001) Supervising Counsellors: Issues of Responsibility. London: SAGE Publications Ltd

### Background Reading

Barrett-Lennard, GT (1998). Carl Rogers' Helping System. London: SAGE Publications Ltd

Bozarth, J and Wilkins, P (eds) (2001). Unconditional Positive Regard. Ross on Wye: PCCS Books

Wyatt, G (ed) (2001). Congruence. Ross on Wye: PCCS Books

## Module Learning Outcomes

### Subject Specific Learning Outcomes

*On successful completion of this module you will be able to:*

**LO 1** | Explain the basic features of the supervision process and its relationship to reflective practice and clinical reasoning.

**LO 2** | Critically appraise the potential role of individual supervision both for the development of the individual practitioner and for the development of professional practice as a whole.

**LO 3** | Examine critically how developing competence in skills and theory enhances the ability to bring their own perspectives and personality (style) in support of their own and others' learning

**LO 4** | Ensure their own counselling practice is supported through regular and appropriate individual supervision which is in accordance with BACP criteria.

### Assessment Title or element

### Weighting (%)

A written assignment based on knowledge, understanding and experience of personal supervision as a recipient. (3,000 words)  
LO,1, 2, 3

100%

*Information correct at point of publication.*