Module Specifications: School of Health & Social Sciences

Module Title: Fitness to Practice (3)

Module Code: BAPC12H

Level: 6 **Credits**: 30

Pre-requisites: Successful Completion of the Diploma of Higher Education in

Person-centred Counselling Studies.

Module Description:

The module is designed to provide students with opportunities to develop study and employability skills. Students will demonstrate skills in self-development, ongoing personal development, and professional practice

Indicative Content:

- Study skills including Harvard referencing.
- Research skills
- BACP code of ethics
- Personal and professional development groups
- Personal therapy hours
- Supervision and client notes
- Insurance
- Personal liability, professional indemnity
- Charity funding

Bibliography

Highly Recommended

British Association for Counselling & Psychotherapy (BACP) (2013) *Ethical Framework for Good Practice in Counselling & Psychotherapy.* 5th Ed.

Lutterworth: BACP Available at: www.bacp.co.uk/ethical_framework

British Association for Counselling & Psychotherapy (BACP) (2015) Ethical

Framework for the Counselling Professions. Lutterworth: BACP

Cottrell, S. (2013) The Study Skills Handbook (Palgrave Study Skills). 4th ed.

Basingstoke: Palgrave Macmillian

Cottrell S. (2011) *Critical Thinking Skills: Developing effective Analysis and Argument.* 2nd Ed. Basingstoke: Palgrave Macmillian

Natiello, P.(2001) *The Person-centred Approach: A Passionate Presence*. Rosson-Wye: PCCS Books

Rogers, C..(1974) On Becoming a Person. London: Constable (Classic Text)

Recommended



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Bozarth, J and Wilkins, P. (2001) *Unconditional Positive Regard*. Ross-on- Wye: PCCS Books

Frankl, V. (2000) Man's Search for Ultimate Meaning. New York: Basic Books

Haugh, S and Merry, T. (2001) Empathy. Ross on Wye: PCCS Books

Howe, D. (1993) On Being a Client. London: SAGE Publications Ltd

Kirschenbaum, H and Henderson, V .L. (1990) *The Carl Rogers Reader* London: Constable

May, R. (1983) The Discovery of Being. New York: Norton

Background Reading

Yalom, I. (1986) Love's Executioner. London: Penguin

Herbert, D. (1993) Everyman's Book of Evergreen Verse. London: Orion Press

Module Learning Outcomes

Subject Specific Learning Outcomes

On successful completion of this module you will be able to:

- LO 1 Demonstrate ongoing professional development with personal supervision and therapy
- **LO 2** Demonstrate through practical application the ability to work as a counsellor
- **LO 3** Evaluate personal development and self-discovery
- **LO 4** Demonstrate knowledge of applying for funding, and developing private practice

Assessment Title or element	Weighting (%)
Task 1 (LO 1 & 3) 20-minute presentation, reflecting self-awareness and development from year 1 to year 3	35%
Task2 (LO 4) 2,000-word completion of Funding Bid	35%
Task 3(LO 2) 2,000-word report on insurance needs and choices in private practice.	30%
Task 4 (LO 4) CICs portfolio, personal therapy supervision and client notes	N/A (Pass/Fail)



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Information correct at point of publication.

