

<b>Module Title:</b>	Fitness to Practice (1)
<b>Module Code:</b>	DHPC04C/BAPC04C
<b>Level:</b>	4
<b>Credits:</b>	30
<b>Pre-requisites:</b>	None

**Module Description:**

The module is designed to provide students with opportunities to develop study, research and employability skills. Students will develop self-awareness and understanding reflecting on themselves and their interactions with others.

**Indicative Content:**

- Study skills including Harvard referencing
- Research skills
- BACP Ethical Framework
- Personal and professional development groups
- Record of personal therapy (10 Hours)

**Bibliography**

Highly Recommended

British Association for Counselling & Psychotherapy (BACP) (2013). *Ethical Framework for Good Practice in Counselling & Psychotherapy*. 5th Ed. Lutterworth: BACP Available at: [www.bacp.co.uk/ethical\\_framework](http://www.bacp.co.uk/ethical_framework) nb. *This document is due to be updated in July 2016 and will then become:*

British Association for Counselling & Psychotherapy (BACP) (2015) *Ethical Framework for the Counselling Professions*. Lutterworth: BACP

Cottrell, S. (2013) *The Study Skills Handbook*. 4th Ed. Basingstoke: Palgrave Macmillan

Cottrell, S. (2011) *Critical Thinking Skills: Developing effective Analysis and Argument*. 2nd Ed. Basingstoke: Palgrave Macmillan

Mitchels, B and Bond, T (2011) *Legal Issues Across Counselling & Psychotherapy Settings*. London: SAGE Publications Ltd

Natiello, P. (2001) *The Person-centred Approach: A Passionate Presence*. Ross on Wye: PCCS Books

Rogers, C. (1974) *On Becoming a Person*. London: Constable (Classic Text)

Recommended

Bozarth, J and Wilkins, P.(2001). *Unconditional Positive Regard*. Ross on Wye:

## Module Specifications: School of Health & Social Sciences

PCCS Books

Frankl, V. (2000) *Man's Search for Ultimate Meaning*. New York: Basic Books

Haugh, S. and Merry, T. (2001) *Empathy*. Ross on Wye: PCCS Books

Kirschenbaum, H and Henderson, V. (Eds) (1990). *The Carl Rogers Reader*  
London: Constable (Classic Text)

May, R. (1983) *The Discovery of Being*. New York: Norton

### Background Reading

Yalom, ID. (1986) *Love's Executioner*. London: Penguin

## Module Learning Outcomes

### Subject Specific Learning Outcomes

*On successful completion of this module you will be able to:*

<b>LO1</b>	Demonstrate their ability to reflect on self and be in contact with self
<b>LO2</b>	Demonstrate their ability to monitor and reflect on their own biases, prejudices and "blind spots"
<b>LO3</b>	Critically argue the case for professional development groups
<b>LO4</b>	Evaluate their future ability to practice in accordance with the BACP ethical framework

Assessment Title or element	Weighting (%)
<u>Task 1 (LO 1, 4)</u> 10-minute presentation on self, in relation to BACP ethical framework. This will be delivered to the course tutor in front of the class and will be video recorded for marking verification purposes.	30%
<u>Task 2 (LO 1, 2)</u> Reflective Journal based on PPD groups, constituting 9 entries of 500 words each, demonstrating growth and development across a range of areas.	40%
<u>Task 3 (LO 3)</u> 1,000 word essay identifying arguments for or against PPD groups.	30%

*Information correct at point of publication.*