

<b>Module Title:</b>	Exploring Clients' Lives
<b>Module Code:</b>	DHPCF02C/BAPC02C
<b>Level:</b>	4
<b>Credits:</b>	15
<b>Pre-requisites:</b>	None

**Module Description:**

This module is designed to provide the student with the necessary understanding to explore clients' and the students' own experiences, using sociological theory and research findings. The module will enable students to have understanding of the issues facing diverse client groups and a diverse society

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**Indicative Content:**

- Introduction to the module: Module guide and assessment guidelines
  - Sociological perspectives and approaches
  - Inequality based on social class, gender, ethnicity, age and other characteristics; relevance to client work
  - Childhood; the history of childhood; images of children; child-adult conversations; child-rearing
  - Parenting and education
  - Youth sub-culture; "deviance"; Adulthood
  - Life changes
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**Learning and Teaching Methods:**

Lectures; Discussion; Workshops; Video; Seminars; collaborative learning groups

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**Specific Learning Resources:**

TV/DVD

**Bibliography**

Highly Recommended

Green, L (2017) *Understanding the Life Course* (2nd ed.). Polity Press. Cambridge. UK.

Giddens, A. (2014) *Sociology*, 8th ed., Cambridge : Polity

Lawler, S. (2014) *Identity : Sociological Perspectives*, Cambridge : Polity

Pilcher, J (1995). *Age and Generation in Modern Britain*. Oxford: Oxford University Press

Haralambos, M and Holborn, M (2013). *Sociology: Themes and Perspectives*. 8th Ed. London: Harper Collins Educational

## Module Specifications: School of Health & Social Sciences

Vaughan, D (1990). *Uncoupling* New York: Vintage (Classic)

### Recommended Reading

Lago, C (2006) *Race, Culture and Counselling*. Maidenhead: Open University Press.

Moodley, R. and Palmer, S. (2006) *Race, Culture and Psychotherapy: Critical Perspectives in Multicultural Practice*. London: Routledge

Palmer, S (ed.) (2002). *Multicultural Counselling: A Reader* London: Sage

Ponterotto, J. Casas, J. Suzuki, L and Alexander, L (eds.) (2001). *Handbook of Multicultural Counselling*. 2nd Ed. London: SAGE Publications Ltd

Tolan, J and Wilkins, P (Eds) (2012). *Client issues in Counselling and Psychotherapy: Person-centred Practice*. London: SAGE Publications Ltd.

Wheeler, S (Ed) (2006). *Difference and Diversity in Counselling: Contemporary Psychodynamic Approaches*. Basingstoke: Palgrave Macmillan

## Module Learning Outcomes

### Subject Specific Learning Outcomes

*On successful completion of this module you will be able to:*

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|------------|---|
| <b>LO1</b> | Identify and apply sociological perspectives to the analysis of clients' issues and difficulties at various stages in the life course   |
| <b>LO2</b> | Demonstrate an understanding of sociological perspectives in relation to transitional processes (development, growth, change, and adjustment)                                       |
| <b>LO3</b> | Develop an understanding of issues facing diverse client groups. Develop awareness of the impact of their own values, attitudes and assumptions on their interventions with clients |

Assessment Title or element	Weighting (%)
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An assignment involving the application of sociological concepts and diverse clients (3,000 words).	100%
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*The assignment is based on material developed from an ethnographic interview with an adult.*

*Information correct at point of publication.*