

# International Mondays

## Lunch menu – Monday 30<sup>th</sup> January 2012

Leek and potato soup (v)	£1.95(starter)
Deep fried chicken goujons with lemon and thyme dip	£2.25 (starter)
BBQ spare ribs with braised rice (gf)	£2.50 (starter) £5.25 (main course)
Tagliatelle with creamy tomato and basil sauce (v)	£2.25 (starter) £4.75 (main course)
Lamb tangine with fruity cous cous (n, gf)	£6.25 (main course)

*v = suitable for vegetarians, n = contains nuts, gf = gluten friendly, d = suitable for diabetics (no added sugar) df = dairy free, al = contains alcohol*

To book call 01206 712452/3 or email [balkerne.restaurant@colchester.ac.uk](mailto:balkerne.restaurant@colchester.ac.uk)

# THE BALKERNE

## RESTAURANT

### Carved from the trolley at your table .....

Roast beef with Yorkshire pudding, roast potatoes  
and vegetables of the day £6.25 (main course)

### Catch of the day

Grilled salmon, wilted spinach and Hollandaise sauce,  
Potatoes and vegetables of the day £5.95 (main course)

### Desserts (Desserts may change on the day)

Savarin with milk chocolate Chantilly cream (v,al) £2.50

White chocolate and berry cake (v) £2.50

Lemon meringue torte (v, n) £2.50

Chocolate, caramel and seasalt tart (v,n) £2.50

New York cheesecake (v) £2.50

Blood orange bavarois £2.50

Filter Coffee or tea £1.00

*Please ask your server for our selection of teas*

**All dishes individually priced or take advantage our offer.....**

**Three courses for £11.20 per person including filter coffee or tea**

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